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Delayed reopening of a superficial temporal artery to middle cerebral artery bypass graft occluded by a white thrombus during surgery

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Case Report

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# ABSTRACT

**Background:** To the authors' knowledge, reopening of a superficial temporal artery to middle cerebral artery (STA-MCA) bypass graft occluded by a white thrombus during the procedure and was observed several months after the surgery is relatively rare.

**Case Description:** The authors encountered a case of moyamoya disease in an Asian female in her third decade of life, in whom a bypass recipient vessel was occluded by a white thrombus during surgery and remained occluded on magnetic resonance angiography (MRA) performed up to 6 weeks after the procedure. However, recanalization was confirmed by MRA performed 4 months after surgery. MRA performed 10 and 19 months after surgery revealed that the bypass vessel had grown thicker, and the ischemic symptoms experienced by the patient also improved.

**Conclusion:** Whether this lesion is explained by reopening or angiogenesis, its pathophysiology remains controversial. The uninterrupted connection of occluded bypass vessel in STA-MCA bypass surgery in conjunction with surgical strategy of single bypass using only parietal branch of STA as donor and preserving blood flow of frontal branch to scalp may have made a positive impact on promoting the development of extracranial-intracranial bypass anastomosis in the chronic phase and should be considered.

Keywords: Bypass surgery, Complication, Moyamoya disease, Reopening, White thrombus

# INTRODUCTION

Moyamoya disease is a relatively rare cerebrovascular clinical entity characterized by progressive occlusion of the terminal portion of the supraclinoid internal carotid artery (ICA) and its main branches within the circle of Willis. This occlusion results in the formation of a fine vascular network known as "moyamoya vessels" at the basal ganglia.<sup>[1,4]</sup> Moyamoya disease causes some cerebral ischemia in the territory of the ICA. Revascularization surgery, such as direct and indirect extracranial-intracranial (EC-IC) bypass surgeries for symptomatic disease, has long been considered the treatment of choice for preventing ischemic stroke in patients with moyamoya disease.<sup>[1,4,8]</sup> Recently, EC-IC bypass surgery has also proven to be effective in patients with hemorrhagic type moyamoya disease for preventing recurrent hemorrhagic stroke.<sup>[6]</sup>

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Recently, we treated a patient with moyamoya disease in whom reopening of an superficial temporal artery to middle cerebral artery (STA-MCA) bypass graft occluded by a white thrombus during surgery was observed several months after the procedure. In the present report, we discuss the pathophysiology of the case we encountered and compare it with previous similar reports to further understand the phenomenon.

## **CASE REPORT**

## History and examination

An Asian woman in her third decade of life complained of numbness in the right side of her body and difficulties with manual dexterity since childhood; however, intracranial radiological screening was not performed. Magnetic resonance imaging (MRI) and magnetic resonance angiography (MRA) of the head were performed for the 1st time due to attacks of weakness and vertigo, in addition to her initial symptoms. MRA revealed severe stenosis at the terminal portion of the bilateral ICAs, and she was diagnosed with suspected moyamoya disease and was referred to the authors' hospital for further evaluation and treatment. On admission, she was alert and exhibited no apparent neurological sequelae such as motor weakness. Cerebral angiography revealed marked stenosis at the terminal portion of the ICA. No anterior and middle cerebral arteries were visible, the left posterior cerebral artery had begun to fall off, and moyamoya vessels were present in the arterial phase in the region of basal ganglia. The patient was diagnosed with moyamoya disease, Suzuki Grade 4. Although spontaneous EC-IC anastomosis through the bilateral middle meningeal arteries (MMAs) was confirmed, extensive lowering of blood flow in the left cerebral hemisphere was confirmed using single-photon emission computed tomography. Her symptoms were compatible with those of ischemia of moyamoya disease. Accordingly, direct plus indirect bypass surgery was planned.

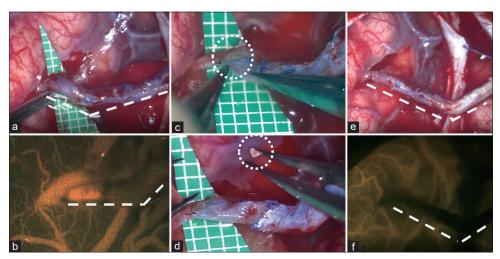
## Surgery

The patient was taking cilostazol during the perioperative period. Because ischemic attacks had been repeated before surgery, cilostazol was continued until the day of surgery. In the perioperative period, antiplatelet drugs are always used as a single agent (usually low-dose aspirin) in our usual practice. Normocapnia and normotension were requested to the anesthesiologist in charge of the operation. A "U" shape skin incision surrounding the parietal branch of the STA, which was marked in the echo guide before surgery, was performed, and the parietal branch of the STA was harvested from the backside of the skin flap. A bone flap, 8 cm×6 cm in size, was then removed, taking care not to injure the MMA. A dural

incision was performed, leaving the MMA-like leaf vein so as not to injure the spontaneous EC-IC anastomosis through MMA. When indocyanine green angiography was performed to confirm M4 arteries on the brain surface, only a single M4 artery was considered to be a candidate for a recipient artery (0.7 mm in diameter). After trimming the ends of the donor artery (STA) using a "fish-mouth" technique, the anastomosis site of M4 was occluded using temporary clips. An arteriotomy was placed and the donor STA was sutured to the recipient M4 using 11 10-0 nylon stitches. After removing the temporary clips, the site of bypass anastomosis was morphologically expanded [Figure 1a], and good blood flow from the bypass was initially confirmed using Doppler echo. However, blood flow on echo was attenuated within 10 min, and the blood flow through the bypass could not be confirmed on the following intraoperative indocyanine green angiography [Figure 1b].

## **Trouble shooting**

Along with attenuation of blood flow through the bypass, the color tone of the recipient M4 artery changed to a whitish color, suggesting the formation of a white thrombus. With these findings, the authors gently grasped the anastomosis site using forceps expecting to mechanically break down the thrombus. With this maneuver, it was observed that the color tone temporarily improved to reddish, and temporal recanalization was confirmed by Doppler echo; nevertheless, complete recanalization was not achieved. Therefore, 3000 units of heparin were intravenously injected in conjunction with administration of 100 mg of aspirin through nasogastric tube which were performed to affect thrombolysis. Despite these measures, recanalization of the bypass was not achieved. All five stitches on one side of anastomosis were removed to confirm the lumen of anastomosis site. In the lumen, a white thrombus was revealed, as expected [Figure 1c and d]. Along with irrigation using artificial cerebrospinal fluid, attempts were made to remove the thrombus mechanically by pushing forceps gently into the STA and M4 artery near the anastomosis site, and the thrombus on the STA side was totally removed. Good blood flow through the STA was confirmed; however, the thrombus on the M4 side was difficult to remove. Finally, the thrombus on the anastomosis site could be removed almost cleanly, but it was difficult to remove the proximal and distal thrombus in the M4, and recanalization of the bypass could not be achieved. Thereafter, repeat anastomosis was performed using 5 stiches of 10-0 nylon. No other blood vessels that could be candidates for recipient were found in the craniotomy site. Therefore, the STA remained to be anastomosed to the occluded site in the hope of postoperative reopening of bypass due to heparin and aspirin [Figure 1e and f]. Subsequently, hemostasis of the brain surface, subdural and epidural space, was confirmed, and the incised dura mater was folded inside subdural space



**Figure 1:** Intraoperative photographs. The site of bypass anastomosis was initially morphologically expanded (a), and the good blood flow from the bypass was confirmed (b). All five stitches on one side of anastomosis were removed to confirm the lumen of anastomosis site (c). In the lumen, a white thrombus was revealed, as expected (d). The superficial temporal artery was anastomosed to the occluded recipient at the end of the surgery (e and f).

as to be used as an encephalo-duro-synangiosis. Then, the temporal muscle flap was sutured to the dura mater after carefully confirming epidural hemostasis, which served as an encephalo-myo-synangiosis. The bone flap was fixed using an absorbable plate, and skin flap was sutured in due form. Hypotension did not occur during surgery. The present case required troubleshooting for thrombus at the anastomotic site, which took as long as 2 h longer than usual bypass surgery.

#### Postoperative course

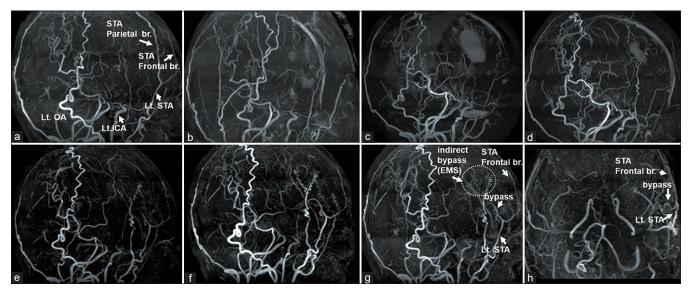
After surgery, the patient emerged from anesthesia smoothly, and no apparent neurological deficit was recognized. However, 50 h after surgery, the patient complained of difficulty with speaking, and motor aphasia was detected on neurological examination. However, although she exhibited a tiny round high intensity area on diffusion-weighted MRI, suggestive of white thrombus itself at the anastomotic site, no apparent acute cerebral infarction nor hemorrhage responsible for the symptom was detected on MRI. Her motor aphasia was diagnosed as a symptom of ischemic symptoms at the craniotomy site (which may have, in part, been due to the effect of heparin used during the operation, in which a thin subdural hematoma developed and caused slight compression to the brain surface). She was treated conservatively, the symptom of motor aphasia virtually disappeared by postoperative week 2, and she was discharged from hospital without apparent neurological sequelae.

MRI + MRA were performed on an outpatient basis after discharge. The intraoperative occluded bypass vessels (using parietal branch of STA [Figure 2a] as donor) were not visualized on MRI at 2 days [Figure 2b], 2 weeks [Figure 2c] and 6 weeks [Figure 2d] after surgery. However, the bypass vessels were detected on MRI performed 4 months [Figure 2e] after surgery. Furthermore, the bypass vessels became more clearly visible half a year later (10 months after surgery) [Figure 2f], and 19 months after surgery [Figure 2g and h]. Blood flow was also improved according to arterial spin labeling imaging, and weakness attacks and vertigo, which were considered to be frequent transient ischemic attack symptoms before surgery, were also improved. We believe that the status of indirect revascularization and bypass can be checked in detail by performing conventional cerebral angiography, however, it has not been implemented until now because of the patient's preference, but we would like to consider it in the near future.

#### DISCUSSION

To the best of our knowledge, reopening of STA-MCA bypass graft occluded by a white thrombus during surgery was observed several months after the procedure is relatively rare.

Mikami *et al.* reported predictive factors for acute thrombogenesis occurring immediately after bypass procedure for moyamoya disease and found that MRA scores by Houkin *et al.*<sup>[2]</sup> were significantly higher in patients with acute thrombogenesis than those in counterparts.<sup>[5]</sup> With regard to the prediction of thrombogenesis, we can see that this case was a case in which the MRA score by Houkin *et al.* was 9 points, and it was easy to form a clot. This case is also a progressive moyamoya disease and the recipient vessel's walls were thin and fragile, so damage to the intima was suspected to facilitate the formation of a white thrombus as reported by Mikami *et al.*<sup>[5]</sup> Because the recipient vessels are thin and fragile in advanced moyamoya disease, we considered that special attention must be taken to protect the intima during the procedure.



**Figure 2:** Serial follow-up magnetic resonance angiography (MRA). Preoperative MRA (a). Intraoperative occluded bypass vessel was not visualized on magnetic resonance imaging (MRI) at 2 days (b), 2 weeks (c), and 6 weeks (d). However, the bypass vessel was detected on MRI performed 4 months after surgery (e). Furthermore, the bypass vessels became more clearly visible on MRI performed 10 months (f) and 19 months (g and h (from caudal)) after surgery (d). (Lt.: left, ICA: Internal carotid artery, STA: Superficial temporal artery, br.: Branch, OA: Occipital artery, EMS (encephalo-myo-synangiosis).

A case series reported by Kim *et al.* described patients with an occluded anastomosis not intraoperatively but occluded anastomosis confirmed 1 day postoperatively. In their series, there were 11 nonpatent anastomoses in 31 cases they operated.<sup>[3]</sup> It should be noted that that the nonpatency rate in that series was quite high, which they considered to be due to their lack of experience. However, we focused on the fact that they note in the article that in patients with advanced moyamoya disease, such as Suzuki Grade 4, the recipient artery is often nearly occluded as well as fragile, which may cause failure of anastomosis.<sup>[3]</sup> The patient described in the present article also had advanced moyamoya disease, reflected by Suzuki Grade 4. From our experience, we agree that recipient vessels in advanced moyamoya disease are poorer and selecting appropriate recipients are difficult.

In contrast, Scharf *et al.* reported they found reopening of only 7 of 23 (30.4%) patients with occluded STA-MCA bypass at early stage after surgery.<sup>[7]</sup> These patients were not restricted to moyamoya disease(s), and atherosclerotic intracranial stenosis/occlusion was also included. Kim *et al.* focused only on data relevant to moyamoya disease and found 100% reopening rate of bypass.<sup>[5]</sup> We speculate that this was, at least in part, due to an active revascularization ability in patients with moyamoya disease.

In their series, Kim *et al.* reported a patient in which intraoperative bypass obstruction was confirmed, similar to our case.<sup>[3]</sup> Furthermore, in our case, there was no massive cerebral infarction that caused irreversible neurological symptoms

after surgery despite occlusion of the recipient artery, which is considered to be the only site of craniotomy. It is considered that this is due to the well-developed leptomeningeal collateral circulation in patients with moyamoya disease.

In the present case, the delayed recanalization of EC-IC bypass was confirmed 4 months after the operation in the same region as the initially occluded bypass. In this regard, the question arises whether the occluded and recanalized vessels are, in fact, the same vessels. One possible explanation is that an occluded bypass vessel, as well as the surrounding connective tissue, became a scaffold for the newly developed artery. Even if that was true, we speculate that our strategy of uninterrupted connection of occluded bypass vessel in the surgery in conjunction with surgical strategy of single bypass using only parietal branch of STA as donor and preserving blood flow of frontal branch to scalp may have made a positive impact on promoting bypass vessel using occluded bypass vessel, as well as the surrounding connective tissue as a scaffold for the newly developed artery. In addition to this possibility, a small amount of blood flow may have remained that could not be depicted on postoperative MRA, which may have led to sufficient blood flow to be depicted on MRA with the development of bypass vessels. Because the frontal branch of the STA is preserved, and only the parietal branch is used as a bypass donor, blood flow to the bifurcation of the frontal branch and parietal branch of the STA was, at least, maintained. As such, it is considered that the pressure gradient on the occlusive blood vessel may have also led to the reopening of the occluded bypass. In summary, for both explanations for delayed recanalization, we think

surgical strategy of single bypass using only parietal branch of STA as donor and preserving blood flow of frontal branch to scalp may have made a positive impact on promoting the development of EC-IC bypass anastomosis in the chronic phase.

Nevertheless, leaving an occluded resutured anastomosis raises the risk for postoperative hemorrhage from the anastomosis site, especially when the thrombus dissolves and the bypass artery recanalizes in the postoperative early stage, postoperative hemorrhage may occur from the anastomosis site. Careful suturing of the anastomosis site is required more than when patency of the bypass is confirmed.

# CONCLUSION

Although the underlining pathophysiology remains controversial, uninterrupted connection of bypass vessels that occlude during surgery may promote the development of EC-IC anastomosis in the chronic phase and should be considered.

#### Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

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Nil.

## **Conflicts of interest**

There are no conflicts of interest.

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