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Image Report

Coexisting arachnoid cyst and tentorial sinus: A therapeutic dilemma

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ABSTRACT

A 4-year-old male presented with a large arachnoid cyst over the left temporal region causing displacement of adjacent structures. Cerebral angiography showed dilatation of the tentorial sinus without other apparent vascular alterations. The association of these two anomalies raises a therapeutic dilemma as no information is available about how the variants of the venous system can modify cerebrospinal fluid hydrodynamics and thus affect arachnoid cyst's prognosis. In this case, the patient was treated conservatively and has remained stable for 2 years.

Keywords: Arachnoid cyst, Tentorial sinus, Vein of Galen

CASE DESCRIPTION

A 4-year-old male presented to the emergency department with a mild traumatic brain injury after sustaining a 1 m fall from a staircase. His previous medical history was unremarkable except for occasional episodes of mild holocraneal cephalea during the previous year that could be effectively treated with over-the-counter acetaminophen. Unenhanced head computed tomography (CT) revealed a Galassi type 3 arachnoid cyst over the left temporal region that measured $5.7 \times 9.5 \times 9.3$ cm, causing displacement of adjacent structures. Magnetic resonance imaging (MRI) study showed an abnormal dilatation of probable venous origin [Figure 1]. Cerebral angiography was undertaken, and dilatation of the tentorial sinus without apparent associated arteriovenous fistulas was documented [Figure 2]. No other apparent vascular alterations were found. Following an extensive weighting of expected benefit versus risk of surgical treatment, a conservative approach with close medical follow-up was decided. After 2 years of clinical follow-up, the patient remains asymptomatic and without any neurologic deficits.

DISCUSSION

Arachnoid cysts are a structural anomaly, in which abnormal splitting or duplication of the arachnoid membrane exists, allowing for cerebrospinal fluid (CSF) accumulation.^[2] It is estimated that approximately 2.6% of healthy children have arachnoid cysts.^[1] One of the most feared complications of this abnormality is cyst enlargement, causing compression of nearby structures, increased intracranial pressure, or focal neurologic deficits.^[2] Therefore, it is widely accepted that

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Figure 1: Magnetic resonance imaging. (a) The T2-weighted image demonstrates a large arachnoid cyst classified as Galassi type 3 in in the left hemisphere. (b) A contrast-enhanced T1-weighted image shows an abnormal vascular dilation in proximity to the site of the vein of Galen. (c) Time-of-flight angiography revealed displacement of vascular structures in proximity to the arachnoid cyst and (d) abnormal dilatation of probable venous origin.



Figure 2: Digital subtraction angiography. (a) Lateral view of the arterial phase of the right carotid artery and (b) vertebrobasilar artery failed to reveal vascular malformations and excluded early venous filling. (c and d) On venous phase, a vascular dilation suggestive of a tentorial sinus was observed.

surgical intervention is indicated for symptomatic patients, especially since up to 10% can continue enlarging.^[2] However, in asymptomatic patients, only a minority will enlarge, with the majority maintaining a stable size and some even experiencing spontaneous shrinkage, making surgical intervention controversial.^[2]

On the other hand, the venous dilatation observed in the MRI study was initially classified as a vein of Galen aneurysmal dilatation. The vein of Galen is a midline venous structure that is formed by the embryonic remnant of the caudal median prosencephalic vein when it joins the internal cerebral veins.^[5] Vein of Galen aneurysmal dilations can occur secondary to outflow obstruction and present as an incidental finding or as focal neurological deficits, seizures, or intracranial hemorrhage.^[5] However, after careful review of the angiography, a medial tentorial sinus was considered to be the most probable diagnosis. Medial tentorial sinus is a normal anatomical variant that is responsible for the venous drainage of the superior cerebellar surface into the straight sinus.^[3] It is largely considered to represent an embryonic remnant with no clinical implications, except when planning a transtentorial surgical approach or in arteriovenous shunt conditions with restricted drainage through posterior dural sinuses, when it serves as an alternative venous route and can improve venous congestion.^[4]

No previous studies have reported an association of tentorial sinus and arachnoid cysts. We speculate that the tentorial sinus is a normal anatomical variant that can be enlarged due to abnormal blood flow secondary to compression of vascular structures by the arachnoid cyst. The association of these two abnormalities is relevant given that the dilatation of venous structures can be an indirect sign of high pressure in the venous system, impeding CSF reabsorption, and favoring arachnoid cyst enlargement. This unique clinical presentation raises a therapeutic dilemma as no information is available about how the variants of the venous system can modify CSF hydrodynamics and thus affect arachnoid cyst's prognosis. In this case, the patient was treated conservatively with close clinical follow-up and has remained stable for 2 years.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

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Conflicts of interest

There are no conflicts of interest.

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