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Case Report

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# Multimodal management of giant solid hemangioblastomas in two patients with preoperative embolization

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## ABSTRACT

**Background:** Hemangioblastomas are benign vascular neoplasms, World Health Organization grade I, with the most frequent location in the cerebellum. Complete microsurgical resection can be a challenge due to excessive bleeding, which is why preoperative embolization takes importance.

**Case Description:** Two clinical cases are presented, a 25-year-old woman and a 75-year-old man, who presented with intracranial hypertension symptoms due to obstructive hydrocephalus; a ventriculoperitoneal shunt was placed in both cases; in addition, they presented with cerebellar signs. Both underwent embolization with ethylene vinyl alcohol copolymer, with blood flow reduction. After that, they underwent microsurgical resection within the 1<sup>st</sup>-week post embolization, obtaining, in both cases, gross total resection without hemodynamic complications, with clinical improvement and good surgical outcome. It is worth mentioning that surgical management is the gold standard that allows a suitable surgical approach, like in our patients, for which a lateral suboccipital craniotomy was performed.

**Conclusion:** Solid hemangioblastomas are less frequent than their cystic counterparts. The treatment is the surgical resection, which is a challenge and always has to be considered as an arteriovenous malformation in the surgical planning, including preoperative embolization to reduce perioperative morbidity and mortality and get good outcomes.

Keywords: Hemangioblastoma, Infratentorial neoplasms, Posterior cranial fossa, Surgical blood loss, Therapeutic embolization (source: MeSH-BIREME)

## INTRODUCTION

Intracranial hemangioblastomas are benign vascular neoplasms, considered World Health Organization (WHO) grade I, developing mostly in the posterior fossa; the usual locations are the cerebellum (44–72%), spinal cord (13–44%), and brainstem (1-6%).<sup>[1,9,11,20]</sup>

The majority of hemangioblastomas are cystic or multicystic, reaching up to 70–75%.<sup>[3,14]</sup> The remaining percentage are solid tumors, hypervascularized, which have a similar behavior to

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arteriovenous malformations; this is why they must be treated like a malformation.<sup>[3,7]</sup>

The complete microsurgical resection of this tumor can be challenging due to excessive bleeding from this very vascularized tumor,<sup>[13]</sup> which leads to an increase in perioperative morbidity and mortality rates, as well as greater incomplete resection rates.<sup>[2]</sup>

Preoperative embolization improves safety and effectiveness, allowing a cleaner and unobstructed surgical field due to bleeding, which results in a shorter surgery duration and less perioperative morbidities.<sup>[2]</sup> Given that it is a therapeutic challenge, two cases of this pathology are presented with successful surgical management.

## **CASE DESCRIPTION**

In our hospital, we have between five to ten cystic hemangioblastoma cases per year, and it is rare to have cases of purely solid hemangioblastomas. Here, we present two cases that went to surgery in 2022, but at the follow-up in 2024, they show small recurrences despite images that show total resection in the early follow-up. It is worth mentioning that our patients do not have closer follow-up due to the distance from the specialized institutes.

#### Case 1

A 25-year-old woman with no significant medical history, with a previous ventricle-peritoneal shunt placement surgery and partial hemangioblastoma resection 7 years ago was admitted with a 1-year clinical history of occipital headache, nausea, and vomiting; sequelae decreased visual acuity, left dysmetria, right hemihypoesthesia and mild hemiparesis, and cerebellar ataxia. Contrast-enhanced brain magnetic resonance imaging (MRI) showed a heterogeneous tumor, with the main solid component that avidly enhances, in the left cerebellar region,  $5.8 \times 8.5 \times 6.9$  cm (AP × T × CC), which severely compresses the IV ventricle, contact the brainstem, with moderate perilesional edema [Figure 1].

Cerebral angiography was done as part of the studies, which shows afference mostly by the parietal branch of the left middle meningeal artery (MMA) and by the posterior meningeal artery, a branch of the left ascending pharyngeal artery, and scarce filling through the left occipital artery (OA). In addition, through the vertebrobasilar system, it was seen that the tumor is irrigated by the left posterior inferior cerebellar artery (PICA) and anterior inferior cerebellar artery (AICA) [Figure 1]. It was decided to perform a presurgical embolization, for which a 1.7 Fr microcatheter assisted with a 0.08 microguide is navigated through the left MMA, proceeding to embolize with 3 cc of ethylene vinyl alcohol copolymer, with angiographic controls that show

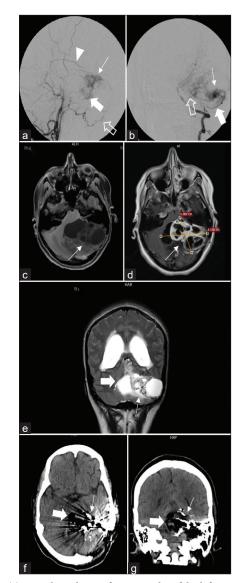


Figure 1: (a) Lateral incidence of angiography of the left external carotid artery, where a tumor blush is observed (thin arrow), which is irrigated through the occipital artery (empty arrow), the posterior meningeal artery (thick arrow) and the parietal branch of the left middle meningeal artery (arrowhead). (b) Anteroposterior (AP) incidence of angiography of the left vertebral artery, where it is observed the tumor blush (thin arrow), which is irrigated through the left posterior inferior cerebellar artery (thick arrow) and the left anterior inferior cerebellar artery (empty arrow). (c) Brain magnetic resonance imaging (MRI) non-enhanced T1 sequence, where a heterogeneous mass is evident, hypointense, with cystic portions in his medial part (arrow). (d) Brain MRI contrastenhanced T1, where it is observed that the solid parts enhance (arrow), and the measurements are  $5.8 \times 8.5$  cm (AP  $\times$  T). (e) Brain MRI T2 sequence in coronal view shows a heterogeneous left cerebellar mass (thick arrow), with cystic portions and other solid, slightly hyperintense portions (thin arrow). (f and g) Immediate postoperative brain computed tomography non-enhanced in axial view (f) and coronal view (g) that shows gross total resection of the tumor that is replaced by pneumocephalus (thick arrow), it also demonstrates embolizing material in the more lateral part of the surgical area (thin arrow).

#### 80% decrease in vascular flow.

Six days after embolization, we proceeded to perform an enlargement of the left lateral suboccipital craniectomy, dissected by plans, and a heterogeneous, fibrous, and hypervascularized lesion was found, adhered to the tentorium. It was progressively deafferented, and microsurgical dissection is done, removing the lesion *en bloc*, but despite the measures, considerable bleeding occurred, it did not generate instability in the intraoperative, with preoperative hemoglobin of 15.6 g/dL and postoperative of 11.5 g/dL. We had no other complications. The pathological anatomy revealed that it was a WHO grade I hemangioblastoma.

Postoperative brain tomography showed apparent gross total resection, with afferent vessels embolized in the lateral edge of the surgical field in the cerebellopontine angle cistern, with little pneumocephalus, without hematoma and other complications [Figure 1]. The patient presented a wound dehiscence in the 1<sup>st</sup> postoperative month and superficial wound infection, which required surgical debridement and antibiotic therapy; fast improvement was observed. Clinically, the patient got better with her ataxia and dysmetria, without headache neither, nausea, or vomiting at the 2<sup>nd</sup> postoperative month follow-up.

#### Case 2

A 75-year-old male with no previous clinical records with a previous ventricle-peritoneal shunt placement surgery was admitted with a 2-year clinical history of headache, nausea, sequelae decreased visual acuity, rest tremor, and right hemiparesis. Due to this, a contrast-enhanced brain MRI was performed where a heterogeneous mass is evident, avidly enhanced, located in the right cerebellar hemisphere,  $2.7 \times 2.5$ cm (AP  $\times$  T). In addition, a brain angiotomography was performed, showing multiple tumor afferents [Figure 2]. Cerebral angiography showed important afference through the right OA and in less volume by a filiform branch of the parietal branch of the right MMA. Through the vertebrobasilar system, the afferent was mainly by the right superior cerebellar artery and, in less volume, by a filiform branch of the right PICA [Figure 2].

It was decided to perform a preoperative embolization. A 1.5 Fr microcatheter assisted with a 0.08 microguide is navigated through the right OA, proceeding to embolize with 3 cc of ethylene vinyl alcohol copolymer, reducing the blood flow by 90%. One week after embolization, we proceeded to perform a right lateral suboccipital craniotomy, where was evident a pearly violet tumor with afferents embolized at several levels. We proceeded to progressive deafferentation, and the tumor was resected *en bloc*. We had no complications. The pathological anatomy confirmed the diagnosis of the WHO grade I hemangioblastoma [Figure 2].

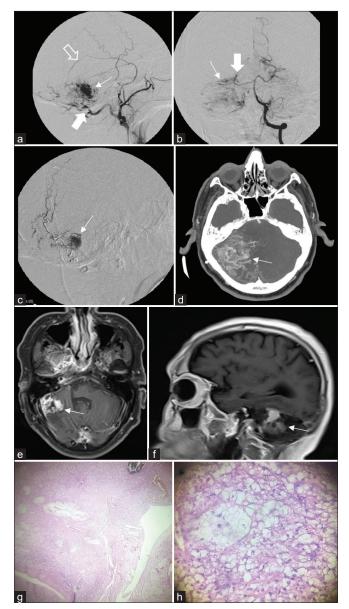


Figure 2: (a) Angiography of the right external carotid artery in lateral incidence where tumor blush is evident (thin arrow) with afference through the right occipital artery (thick arrow) and the parietal branch of the right middle meningeal artery (empty arrow). (b) Left vertebral artery angiography in anteroposterior incidence where right cerebellar tumor blush is evident (thin arrow), with afference through the right superior cerebellar artery (thick arrow). (c) Intraoperative imaging during preoperative embolization, where it is observed the filling of the tumor with embolizing material (arrow). (d) Brain angiotomography in axial view shows a right cerebellar mass (arrow) that avidly enhances; it is evident that it is hypervascularized. (e and f) Contrast-enhanced brain magnetic resonance imaging T1 sequence in axial section (e) and sagittal section (f) showing recurrence of solid hemangioblastoma (arrow) in the right cerebellar hemisphere in its most lateral part. (g and h) Small nucleus cells, broad vacuolated cytoplasm, abundant vascularization with flattened endothelium and intratumoral hemorrhage areas,  $\times 4$  view (g) and  $\times 10$  view (h).

Postoperative non-enhanced brain tomography showed apparent total resection without complications in the surgical field. A contrast-enhanced brain MRI was performed 1 year after surgery, which showed a tumor recurrence of <3 Cm in the right cerebellum, compatible with a solid hemangioblastoma [Figure 2]. In 1<sup>st</sup> postoperative year follow-up, it was evident that the patient had no motor deficit, no sensory deficit, with preserved cranial nerves, but with mild gait ataxia, having been bedridden preoperatively. It was decided to undergo surgery again, achieving total resection and clinical recovery of the patient.

## DISCUSSION

Hemangioblastomas are benign WHO grade 1 tumors <sup>[9,11,20],</sup> and 60 to 75% of hemangioblastomas occur spontaneously, while 25–40% are associated with von Hippel-Lindau disease.<sup>[11,14]</sup> The peak incidence is between the fifth and sixth decade of life,<sup>[11]</sup> but none of our cases are within this peak incidence. Jeon *et al.* consider that large hemangioblastomas are those that measure between 3cm and 4 cm, and giant ones are those that measure 4 cm or more.<sup>[6]</sup>

The symptoms in more than 50% of patients are intracranial hypertension, and one-third of patients present cerebellar signs,<sup>[8,11]</sup> as is the case of our patients, who developed obstructive hydrocephalus in the first instance, which was the source of the symptoms, a ventriculoperitoneal shunt was placed first.

They are highly vascularized tumors, although they are rarely associated with cerebral aneurysms, subarachnoid, or intratumoral hemorrhage, which was not evident in our cases either. However, Moscovici *et al.* found in their study a high rate of aneurysms associated with hemangioblastoma, unlike those described in the literature, hypothesizing that it could be due to flow and could resolve after tumor surgery.<sup>[11]</sup>

The literature mentions that solid hemangioblastomas of the posterior fossa are associated with a poor prognosis and high morbidity and mortality, reaching 50%, with even intraoperative mortality of 9%, which has been changing in recent years.<sup>[3,12]</sup>

Few studies describe the appropriate management of patients with giant posterior fossa hemangioblastomas. Still, Jeon *et al.* found in their study that patients with tumors of the cerebellar hemisphere and vermis had good results. Still, in those with tumors of the brainstem, treatment should be planned to achieve a near total or subtotal resection, piecemeal, if *en bloc* resection was not possible.<sup>[6]</sup>

Surgical resection is the management of choice due to its location in the posterior fossa, large size, and high vascularization, and preoperative embolization is not always a requirement.<sup>[1,11]</sup> Moscovici *et al.* mention in their study that solid and cystic hemangioblastomas should be treated as two different entities since cystic ones have easier management due to their small solid component, the same cyst can give access to the solid component, and drainage of the cyst relaxes the cerebellum giving better access.<sup>[11]</sup>

The surgical technique for the cystic form includes opening the cyst to expose the nodule and resecting that solid part *en bloc*, while in the solid form, it can be managed as an arteriovenous malformation.<sup>[3,7]</sup> For this reason, solid hemangioblastomas are more complex surgically speaking, being similar to the treatment of arteriovenous malformation in the posterior fossa, having the cranial nerves and the brainstem very close.<sup>[11]</sup>

This classification used by Wan *et al.* was used to decide the surgical approach to be performed well. For type 1, an ipsilateral suboccipital approach is recommended; for type 2, a modified far lateral approach; for type 3, a medial suboccipital approach; and for type 4, a suboccipital supra cerebellar approach.<sup>[19]</sup> In our cases, both were type 1 due to the dominance of their afferents, which is why the lateral suboccipital approach was performed in both cases.

Total resection of the tumor is a primary goal, leaving the drainage vein at the end of the surgery. The afferents must first be identified and progressively deafferented, then proceed with tumor resection by dissecting the peripheral tissue, ending with the ligation of the vein. Internal decompression can cause uncontrollable bleeding, which is why *en-bloc* resection is a good option.<sup>[3,10]</sup>

The objective of preoperative embolization is to control inaccessible afferents and, thus, reduce the vascularity of the tumor before starting surgery.<sup>[16]</sup> In addition, embolization should be considered as long as normal cerebral circulation is not affected.<sup>[19]</sup> Some authors suggest selective preoperative embolization of the afferents, but this brings with it the risk of ischemia, bleeding, and increased intracranial pressure, which makes it still controversial.<sup>[17,19]</sup> Wan *et al.* found in their study that after embolization, the tumor became firmer with defined limits, making its resection easier with less intraoperative bleeding.<sup>[4,16,19]</sup>

The first reports of preoperative embolization refer to the use of polyvinyl alcohol particles between 150 to 250 um, with subsequent surgery within the 1<sup>st</sup>-week post embolization,<sup>[18]</sup> n-butyl cyanoacrylate can also be used but currently other types of embolizing materials have better results, among them are the ethylene vinyl alcohol copolymer<sup>[5]</sup> and the precipitating hydrophobic injectable liquid.<sup>[15]</sup> In both cases, we used ethylene vinyl alcohol copolymer with good outcomes.

## CONCLUSION

Solid hemangioblastomas are less frequent than their cystic or multicystic counterpart, with their main symptoms being intracranial hypertension, in most cases due to secondary obstructive hydrocephalus, followed by cerebellar symptoms, since their most common location is the posterior fossa, and within these, the cerebellar location is the most common. The treatment is surgical resection, although it is a challenge, and it should be considered as an arteriovenous malformation, in which preoperative embolization can be used, followed by microsurgical treatment where progressive deafferentation is sought, removal of the tumor and, at the end, the closure of the drainage vein. Finally, in our experience, we had favorable results, with the patient's clinical improvement but who showed recurrence after 2 years, despite an apparent initial total resection, which requires further studies to define additional complementary therapies such as radiotherapy.

## Ethical approval

The Institutional Review Board approval is not required.

## Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

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Nil.

## **Conflicts of interest**

There are no conflicts of interest.

## Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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